

	Calories	Calories from Fat	Total Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Net Carbs (g)	Sugars (g)	Protein (g)	Vit A (%DV)	Vit C (%DV)	Potassium (mg)	Calcium (%DV)	Iron (%DV)
Chips + Salsa (1)	169	68	8	619	23	3	20	0	2	20	0	61	4	6
Chips + Salsa (2-3)	338	136	15	1,238	46	6	40	0	4	40	0	122	8	12
Guac + Chips (1)	230	135	15	119	24	2	22	0	2	0	10	338	4	3
Guac + Chips (2-3)	460	270	30	238	48	4	44	0	4	0	20	676	8	6
Pad Thai	577	162	18	745	69	4	65	19	33	17	71	500	14	13
Thai Curry Chicken	604	196	22	570	50	5	45	5	33	13	196	620	9	26
Beef + Broc	467	164	22	77	43	4	40	1	36	9	70	423	9	29
Sesame Chicken	305	126	14	1,767	16	2	14	4	24	29	207	415	8	20
Ginger Shrimp	214	50	6	1,922	14	2	12	2	23	25	140	326	14	24
Chicken Fried Rice	402	184	20	1,853	22	5	17	7	36	50	80	722	9	20
Shredded Chicken Taco	511	230	26	653	25	1	25	7	38	23	53	417	38	20
Pulled Pork Carnitas Taco	364	171	12	617	27	1	26	1	25	8	10	240	11	15
Smoked Brisket Taco	484	214	24	816	27	1	26	1	32	13	9	326	28	21
Seared Ahi Tuna Taco	328	62	7	312	31	3	29	3	32	7	73	712	16	15
Blackened Fish Taco	326	61	7	514	31	3	28	10	32	18	132	404	24	23
Honey Hot Shrimp	430	169	20	529	37	6	31	3	28	13	86	790	19	20
Fish Taco Bowl	474	175	20	513	54	8	46	4	29	19	91	689	13	18
Spicy Tuna Poké	477	158	18	442	53	8	46	3	34	52	27	1,095	12	17
Banh Mi Bowl	623	197	22	654	74	5	69	12	39	89	117	848	32	28
Shrimp Avoc Bowl	632	220	25	702	76	9	67	8	43	21	64	986	33	38
U-build Taco Bowl	1,059	285	32	1,721	148	11	138	4	51	13	14	682	47	35
Salmon Avocado	702	434	49	926	25	6	22	9	27	52	70	1,139	33	9
Santa Fe	655	329	38	610	46	14	32	10	34	26	38	1,080	26	14
Mediterranean	611	249	26	927	18	2	16	9	33	31	50	741	34	14
Brisket Bean + Quinoa	858	353	38	966	56	16	40	6	43	12	74	1,206	71	20
Almond Berry	619	402	45	899	22	2	20	16	33	7	84	330	31	10
California Cobb	755	492	56	762	25	8	18	13	41	85	78	1,182	8	17
Chicken Avocado	925	620	70	1,392	29	6	23	10	50	31	31	813	32	13
Thii Quinoa Salad	300	135	16	62	34	5	28	10	5	67	87	492	19	5
Kid's Cheese Quesadilla	296	109	12	430	34	2	32	6	13	6	84	105	27	8
Kid's Chicken Quesadilla	497	215	24	499	34	2	32	6	36	9	84	292	28	14
Kid's Butter Noodles	461	228	14	189	48	4	44	7	8	9	84	135	3	15
Kid's Chicken Noodle Bowl	662	334	26	258	48	4	44	7	31	12	84	322	4	21
Kid's Chicken Taco	497	215	24	499	34	2	32	6	36	9	84	292	28	14
Vanilla Bean Ice Cream	130	54	6	60	15	0	15	10	2	4	0	0	8	0
Honey Cup	201	55	6	62	29	2	27	22	3	4	84	109	9	2